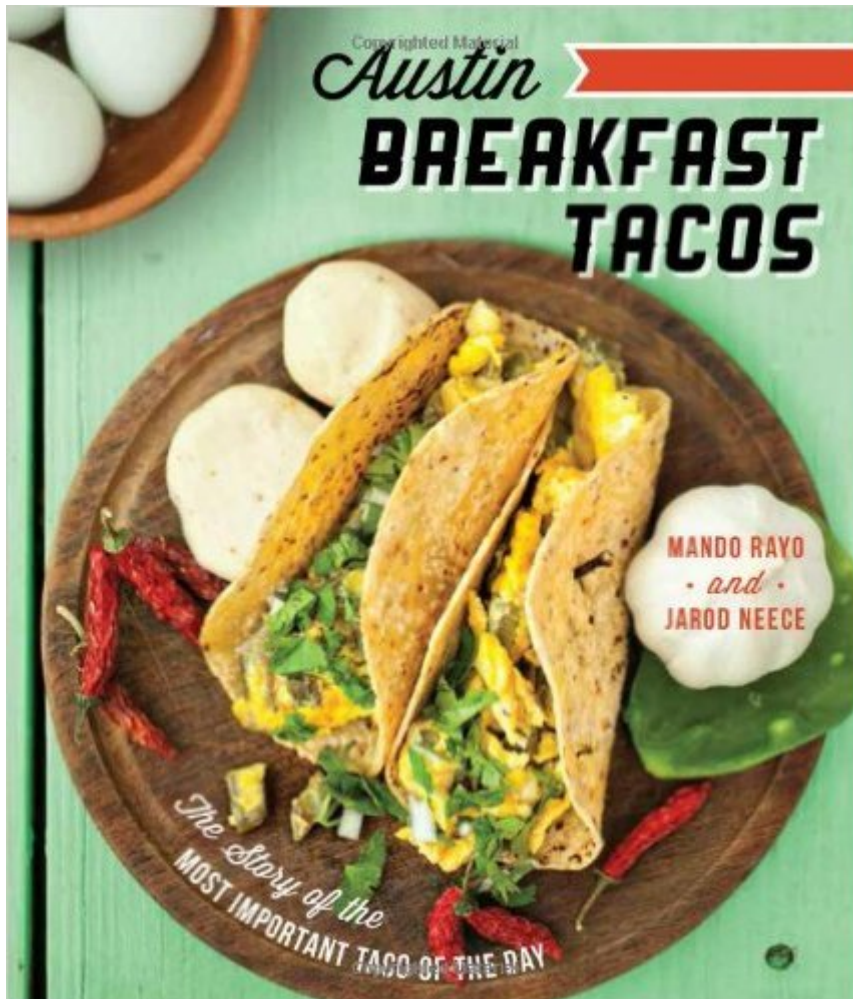


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# Austin Breakfast Tacos: The Story Of The Most Important Taco Of The Day (American Palate)



## Synopsis

Fresh tortillas, fluffy huevos con bacon and spicy salsa--good morning, Austin. Or good afternoon, evening, night--whenever From taco tailgates to taquerias, there is a taco for every occasion and persuasion. Some say that it was born in the days of cowboys and vaqueros, and others say it was a creation of the Tex-Mex culture, but one thing is certain: the breakfast taco has taken over the Capital City. From South Congress to North Austin, neon and chalkboard signs tempt hungry passersby with their best morning-time handheld bites. With over forty breakfast taco recipes, Mando Rayo and Jarod Neece investigate (and masticate) the history, culture and traditions of that indelible and delectable Austin treat: the breakfast taco..

## Book Information

Series: American Palate

Paperback: 192 pages

Publisher: The History Press; First edition (July 9, 2013)

Language: English

ISBN-10: 1626190496

ISBN-13: 978-1626190498

Product Dimensions: 6 x 0.3 x 7 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (25 customer reviews)

Best Sellers Rank: #30,407 in Books (See Top 100 in Books) #1 in [Books > Travel > United States > Texas > Austin](#) #4 in [Books > Travel > Food, Lodging & Transportation > Dining](#) #8 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional > Southwest](#)

## Customer Reviews

This book was everything I expected and more. I expected recipes from the people making Austin's best breakfast tacos. And those are in here - everything from the tiny food trucks to the big restaurants. What I didn't expect but was thrilled to discover was that they also included the stories behind all those places. The stories describing how they started making and selling breakfast tacos in Austin are what makes this book much more than just a cook book with beautiful pictures. This is a great history of Central Texas as told through the people making and eating breakfast tacos.

I thought there would be more recipes but it was more like they interviewed all the people who cook tacos about which is their favorite taco. It was still good. I did pull some recipes from it.

Great recipes and history of Austin, TX. Very good information and breakfast taco ideas. Enjoyed the book. I haven't made every recipe, but the ones I have, have been wonderful. I've made my own flour and corn tortillas too. And you can't get a better tortilla than a homemade one. Try it, it's fun!

Attended Mando's class at Central Market North in Austin and just absolutely loved every darn taco he presented. He calls himself a taco journalist and that's exactly what he presented, the history of Mexican people how they ate at home, even mentioned that it wasn't cool early in the 1960 or so to have tacos in the lunch box....now every one loves tacos, fancy, simple or from whatever leftovers you have in the fridge. The Brussels sprouts migas were my favorite, but at home I used zucchini, stale corn chips from HEB, eggs and Mexican cheese....all done in a pan with a little butter.....fantastic....Oh, the book is already a must have here in Austin....love it

Having recently enjoyed some Austin breakfast tacos (and lunch and dinner tacos), I decided to buy this book for my boyfriend for Christmas. I'm not much of a cook but what I love about this book is that you don't have to be an expert cook to make breakfast tacos. It has mouth-watering photos and recipes and great profiles of people cooking up wonderful tacos, each with their own spin. A lovely little cookbook; as a newbie in the kitchen, I appreciate its straightforward recipes. Plus it's given me many ideas for places I want to eat on my next visit to Austin! Looking forward to making many of its recipes.

great history of the Austin breakfast taco... as told by the taco journalism guy. They talk to all the local haunts, getting great tips on how to make the taco extra yummy. I learned lots, and I consider myself a taco genius.

I and everyone I gave this book to for Christmas presents really enjoy the recipes and the history between Austin and Tex-Mex. The stories with each person and their favorite breakfast tacos gives great recipes and the reason breakfast tacos are so big in Austin,

To those silly people who gave negative comments, I'm sorry for you. Clearly you have not enjoyed the treasure that is told of in this book. Clearly you have not known the beauty of the breakfast taco and then had it stolen from you due to a move half way across the country. These guys do a beautiful job of capturing the very essence of the Austin Breakfast Taco and include the history that

built that taco. For anyone who has experienced the beauty - this is a wonderful gift to those who have not or for those who have merely visited. Congratulations to Jarod and Mando for a well done slice/um - fold? of true Austin.

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